Please Sign-in



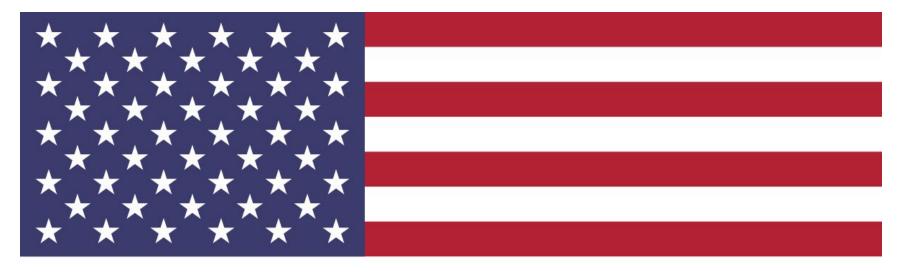
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Password:



Twin Valley Roundtable

September 12, 2024







Seunen Paschengink Contacts





Noah Cumti

ncumti@gmail.com

Chapter Chief

Shannon Carroll

<u>shannoncarrollggac@gmail.com</u> Chapter Advisor

please remember to use YPT protocol when communicating with youth members

Please Sign-in

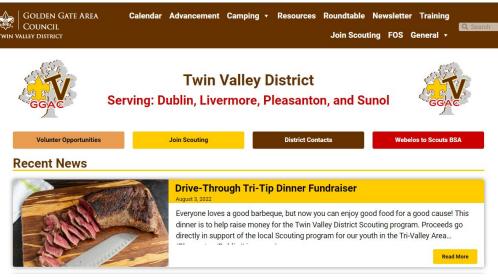


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Welcome to Roundtable

Tonight's slides are available online at:

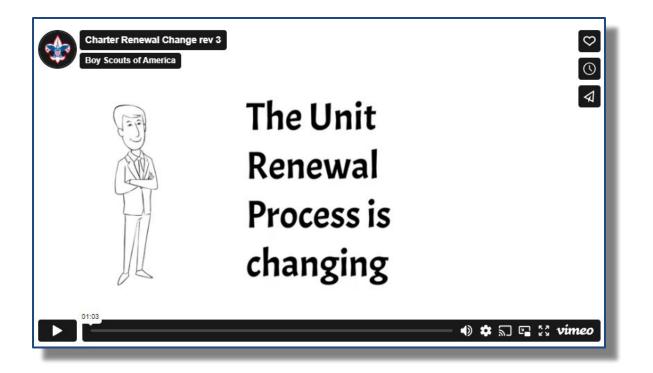


https://twinvalley.ggacbsa.org/

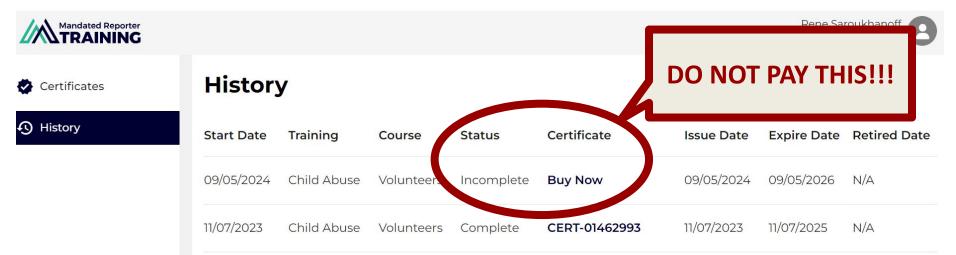
Rather Important Stuff

VITAL NEWS

Unit Renewal



Do Not Pay a Reporting Cert Fee



The Council has an account with the state. If you find that you're being asked to pay a fee to get your certificate, reach out to the help on the website. They'll get you associated with the GGAC account and you won't need to pay

Scouting for Food Land Grab

Early Access at October Roundtable!!! BRING A LAPTOP!



Contact: Shannon.Durbala@yahoo.com

Tech Support Questions: Lennox.Michael@gmail.com

The Scouter Share

There are so many wonderful moments in our scout life - let's share them!

Highlight your unit's great moments or great scouts to be shared across the Twin Valley District's newsletter, website and social media handles.



All you need:

- Name, Email, City, Unit
- A sentence or two about the moment/scout
- One photo approved to be used



The Scouter Share Submit image and story approved to share across Scout of America social media channel and in the Twin Valley District newsletter rene.saroukhanoff@gmail.com Switch accourt C The name and photo associated with your Google account will be recorded when you upload * Requirer Name * Your answe Unit * City * Your answe Share your story or background on the image Attach approved image or video clip. 3 Add file Clear form Never submit passwords through Google Forms This form was created inside of Boy Scout Troop 941, Pleasanton, California, Report Abuse Google Forms

Really Fun Stuff

ACTIVITIES AND EVENTS

AdvanceCamp

September 27-28, 2024

Solano County Fairgrounds

900 Fairgrounds Drive Vallejo, CA 94589



Over 50 different Merit Badges and most of trailhead requirements are offered at camp

Early Registration \$65.00 July 1 – August 16 Regular Registration \$85.00 August 16 – September 9 Late Registration \$105.00 September 8 – September 13 at 5:00 pm

Jamboree on the Air Jamboree on the Internet

JOTA / JOTI at Pacificon 2023

Saturday, October 19, 2024

Mt. Diablo Amateur Radio Club and Golden Gate Area Council, BSA – International Committee are presenting Jamboree-on-the-Air (JOTA) 2024 and Jamboree-on-the-Internet (JOTI) 2024 at <u>Pacificon 2024</u> Come any time from 9:00am – 4:00pm on October 19, 2023







SPECIAL TRIBUTE TO OUR MILITARY CHAPLAINS

Parade entry forms are due by: Friday, October 25 - NO ENTRY FEE

Parade day check-in is Sunday, November 3rd from 10am-12pm at 301 Main Street in Pleasanton. Step-off is at 1pm.

register online:



Nuclear Science Day for Scouts



Lawrence Berkeley National Laboratory



We will be celebrating our 12th annual Nuclear Science Day for Scouts Event at Lawrence Berkeley National Laboratory on

Saturday, November 9, 2024 from ~9:00 am to ~4:30 pm

This in-person event is designed for Girl Scouts and Scouting America (BSA) youths, as well as those from other scouting movements, in 8th grade or higher. There is no cost to attend.



Voice of Democracy Essay Contest

2024-2025 Theme

"Is America Today our Forefathers' Vision?"

Student Entry Deadline: October 31, 2024 Patriotic Audio Essay Competition Grand Prize: \$35,000 Award

Since 1947, the Voice of Democracy has been the Veterans of Foreign Wars' (VFW's) premier scholarship program. Each year, nearly 80,000 high school students compete for more than \$2 million in scholarships and incentives. Students compete by writing and recording an audio essay on an annual patriotic theme.





Patriot's Pen Essay Contest

2022-2023 Theme

"My Voice in America's Democracy"

Student Entry Deadline: October 31, 2023 Patriotic Audio Essay Competition Grand Prize: \$5,000 Award

Conducted nationwide, this VFW-sponsored youth essay competition gives students an opportunity to write essays expressing their views on an annual patriotic theme. We invite you to join the more than 84,000 students who participated last year in this contest.



Improvement Stuff

TRAINING

Prepared. For Life.[®]

TRaining EXtravaganza



October 19, 2024

Stay tuned for more details

Blue Oaks Church

7139 Koll Center Parkway

Pleasanton

Training



- 450 online classes @ <u>https://training.scouting.org/catalog</u>
- Training questions contact: training@twinvalleyscouting.com

Celebration Stuff

RECOGNITION

NESA Outstanding Eagle Award

Now Accepting Nominations





Overview

Are you acquainted with an exceptional Eagle Scout within your unit or local community? Someone who embodies the daily virtues that define an Eagle Scout? If such an individual comes to mind, the Golden Gate Area Council's National Eagle Scout Association Committee invites you to submit a NESA Outstanding Eagle Scout Award nomination.

Who Can Earn This Award?

Eagle Scouts in good standing with BSA and registered with or have primary residence in nominating council

Arrowhead Honor

The Arrowhead Honor recognizes **proficiency** in the contemporary **tools** and **techniques** commissioners use to provide effective **unit service**.

presented to

Clayton Carroll

Unit Leader Award of Merit



The Unit Leader Award of Merit is presented to unit leaders to encourage units to be strong and viable by attaining certain benchmark characteristics of strong units.

presented to

Clayton Carroll

T-Shirt Club

Be in the room where it happens

change into a t-shirt and see you there!





High Adventure Trips

Planning a Scouts, BSA high adventure trip requires plenty of planning and organization to ensure a safe and enjoyable experience for all the participants. Here are 12 steps to help you plan your own Scouts BSA adventure:

- 1. **Find New Experiences** Look at locations, interests, activities, duration and budget to help you when looking at new experiences for you adventure
- 2. **Determine the Dates** Consider local school schedules, holidays and availability of Scouts and adult leaders when creating your schedule.
- 3. **Recruit Participants** Make sure participants meet the age and skill abilities for the chosen destination and activity. Use the guide to Safe Scouting to help in your planning.
- 4. **Training and Preparation** Prepare participants for the specific activities they will be doing on the adventure like sailing, hiking, and wilderness first aid, etc.
- 5. **Gear and Equipment** Make sure each participants has the camping gear, clothing, safety equipment, specialized gear, wtc., that they need to successfully and safety enjoy the adventure.
- 6. Arrange Transportation Look at logistics, travel modes, permits, location and distance.
- 7. **Permits and Reservation** Get permits, reservations, permissions, check regulations or restrictions that may apply to your trip including burn bans, closed routes and flooring.

8. **Safe Plan and Risk Management** - Be prepared with emergency protocols, communications plans, medical considerations, safety procedures/guidelines. Make sure parents have needed information to know where their Scouts are and what will happen in case of emergencies.

9. **Budget - Transportation** - Look at logistics, travel time, travel modes, permits, location and distance.

10. Documentation and Paperwork - such as medical forms, permission slips, waivers, emergency contact info. Any Scouts trip exceeding 72 hours, must obtain a Health Form Part C from every participant completed by an authorized, qualified medical provider.

11. Communicate and Coordinate - Maintain open communication and provide regular updates to families.

12. Evaluate and Debrief - Conduct a debrief to evaluate the experience and gather feedback for future trips.

Following these steps to ensure a rewarding and memorable experience for everyone involved! Discussion Questions:

- 1. what kind of high adventure trips have your Scouts planned and enjoyed?
- 2. what are some additional trips you want to share about being prepared for a trip?
- 3. what kind of fundraising opportunities have you used to help pay for Scouting adventures?
- 4. When thinking about communication and safety, what are some ideas to stay in communication with families while on an adventure?

Anxiety

Anxiety is the body's normal stress response; however long-term stress has negative effects on a young person's life and health. Anxiety can be caused by everyday activities as well as bullying and school issues or traumatic events such as the death of a loved one or abuse. Due to the rising percentage of youth struggling with anxiety, it is important that all adults working with youth of all ages understand and recognize the signs of anxiety and know how to help youth find the help they need and tools to cope with the anxiety. Take note that as with other mental health disorders, symptoms of anxiety can vary from person to person.

The following are more commonly seen symptoms:

- Fatigue
- Difficulty concentrating
- Anger or irritability
- Trouble with sleeping
- Muscle tension
- Headaches
- Nervousness, or being on edge

How to help:

- Recognize the signs of anxiety
- If a youth appears to be struggling, talk with a parent or adult about concerns.
- Don't dismiss it. (Aviod terms such as: "don't worry", "you'll be fine", "Calm down", etc.)
- Encourage the parent and youth to find a trusted person to talk about any issues/struggles that they might be facing and who can help them discover ways to cope.
- Ensure the youth gets adequate rest and healthy meals while camping
- Listen and strive environment for everyone at meetings, camps and activities
- Anxiety occurs at all ages and as Scout Leader recognize anxiety, they can help parent and youth find success in a positive way.

Additional Resources:

https://www.scouting.org/health-and-safety/safety-moments/psychological-first-aid/

https://www.mentalhealthfirstaid.org/programs/

https://www.scouting.org/outdoor-programs/trail-to-adventure/supporting-our-scouts-mental-hea lth-at-camp/ https://www.scouts.org.uk/news/2020/april/tips-for-coping-with-anxiety-attacks/

https://www.who.int//news-room/fact-sheets/detail/adolescent-mentalhealth/?gclid=Cj0KCQjwgN anBhDUARIsAAeIcAtMMFjVg8qmoOH8ZOUowbju3HgfJtVRO8-i6YiTOiNBf8gTVrrP3QaAnmBEALw_wcB Prepared. For Life."

Cub Scout Breakout



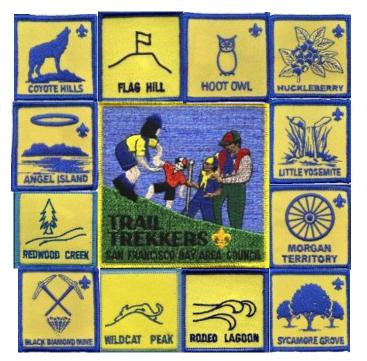
"God Bless America"



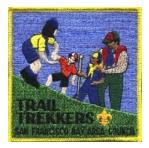
God bless America Land that I love, Stand beside her and guide her Through the night with a light from above. From the mountains, to the prairies, To the oceans, white with foam, God bless America, my home sweet home, God bless America, my home sweet home



Trail Trekker Recommendation



Rene's Pick



https://ggacbsa.org/hiking-programs/

Coyote Hills Trail Trekker



Rene's Review

Great Views - along the bay History - visit the <u>website</u> for great info Cubs Will Love - boardwalk



Hike Details

Location: 8000 Patterson Ranch Rd, Fremont Starting point: Visitor Center Distance: 4.0 Time: Allow about 2-3 hours Grade: Easy to Moderate Suggested age: Tigers through Webelos Suggested Season: Fall, Spring, Summer Fees: \$5 parking fee per car



Tiger Cub Pumpkin Patch

Sunday, October 20, 2024 Tigers Rule! Others Drool!

- 10:00am-1:00pm
 - Tiger Cubs and their Adult Partners can explore the wonderful fruits of Joan's Farm in Livermore.
- For just \$20....



 your Tiger Cub receives a pumpkin, petting zoo feed, two activity tickets, and yes...our "World-Famous" patch.





And don't forget your camera !!!

Cub Scout Program Changes

Taking Effect June 1, 2024



Areas of Opportunity









BOBCAT

- One set of requirements is ineffective
- What to do with returning Cub Scouts
- Rank or not a rank?

ADVENTURES

- Disjointed required adventure topics
- Inconsistent number of adventures for each rank
- Volunteers want more elective adventures

WEBELOS (4TH/5TH GRADE)

- Length of Webelos program
- Does not follow the pattern of other ranks
- Purpose of the program

AWARDS

- Awards are not in the direct line of sight of Den Leaders
- Average attachment rate of 1.5%
- Awards do not drive behavior

Short Story

Bobcat will no longer be a badge that is earned once when a Cub Scout joins. It will become a required Adventure for each rank and earned each year.

Cub Scout Adventures have been improved to make it easier to deliver the program to multi-rank dens or as a Pack. To earn each rank in Cub Scouting will require a Cub Scout to earn the six required Adventures and two elective Adventures.

Webelos and Arrow of Light will be separated. Webelos becomes the 4th-grade program in Cub Scouting. Arrow of Light becomes a stand-alone badge of rank for 5th graders and will no longer be associated with Webelos.

Cub Scouts Awards will be reimagined as Cub Scout Adventures. Topics like camping, STEM, and range and target sports will remain and are reimagined into elective Adventures that can be used towards earning a badge of rank.

2024-2025 Cub Scout Badges of Rank **Requirements**

The Bobcat Adventure is designed to be the first required Adventure. Each badge of rank is earned by completing six required and two elective Adventures. The six required Adventures are focused on the aims and focus areas of the BSA.



Awards and More Survey Survey was sent to 18,376 parents and 36,487 den leaders 3,637 people responded: **6.6%** response rate 95% (+/- 1.7%) confidence level

Awards are not driving behavior

Of those who earned the awards, 2/3 see them as recognition, not an incentive.

Not an awareness issue

Of those who did not earn the award, 50% indicated that they knew about the award but still chose not to do it.

STEM NOVA Awards



- Over 50% of parents and Cub Scout leaders felt that STEM as a topic was important to be part of Scouting
- 47% of leaders said it should be an Adventure
- 32% had no preference

Required Adventure Survey

The survey was sent to 36,963 den leaders

3,880 people responded, a 10.5% response rate

95% (+/- 1.5%) confidence level



Like the activities and games Like everything about it Like the simplicity of requirements Guest Speakers Making Posters



Duplication of schoolwork Comments not related to question Guest speakers Making posters

Any comment that 10% or more respondents gave was reviewed and incorporated.

Bobcat Adventure was overhauled after the first survey.

Prepared, For Life."

| BOLD indicates new adventure <i>Italics</i> indicate existing adventur | re Kindergarten | 1 st Grade | 2 nd Grade | BEAR 3 rd Grade | 4 th Grade | 5 th Grade |
|--|-----------------|------------------------|------------------------|-------------------------------|-----------------------|-----------------------|
| Activity | | | | | | |
| Pinewood Derby / Rain gutter Regatta | Race Time | Race Time | Race Time | Race Time | Race Time | Race Time |
| Fishing | Go Fish | Fish On | A Wolf Goes Fishing | A Bear Goes Fishing | Catch the Big One | Fishing |
| Cycling | On a Roll | Rolling Tigers | Pedal with the Pack | Bears on Bikes | Pedal Away | Cycling |
| Swimming | Time to Swim | Tigers in the Water | Sprit of the Water | Salmon Run | Aquanaut | Swimming |

Summertime Fun Adventure



Requirement: Anytime during May through August participate in a total of three Cub Scout activities.

Earning Adventure is not dependent on others' participation

Closing

May the great Master of all Scouts be with us till we meet again

